NOISE-INDUCED HEARINGLOSS (NIHL) **IN MINING** WORKERS



LET'S EXPLORE THE IMPACT OF NIHL, ITS PREVENTABILITY, AND SOME OF THE **PROTECTIVE SOLUTIONS AVAILABLE TO THE AUSTRALIAN MINING SECTOR**

THE IMPACT OF NOISE-INDUCED HEARING LOSS (NIHL)



17%

HIGH LEVELS OF NOISE

Mining workers are exposed to high levels of noise, which can lead to irreversible hearing damage over time. It's crucial to recognise the severity of this threat and take preventive measures.⁴



1 IN 4 Australian mining workers suffer from NIHL.⁵

Honeywell



of hearing loss cases are attributed to preventable and

of adults aged 20–69 years (approximately 26 million) have suffered permanent damage to their hearing from excessive exposure to noise.6

repeated exposure to loud noise.⁷

THE FOUR 'P' POINTS OF NIHL

PREVENTABLE:

- Implementing effective hearing protection measures can significantly reduce the risk of NIHL
- Educate workers about the importance of using appropriate hearing protection devices (HPDs) consistently

PERMANENT:

- Once hearing loss occurs, it cannot be fully restored
- Permanent hearing loss has a massive impact on an individual's personal and professional life



PAINLESS:

- NIHL often lacks noticeable symptoms in the early stages
- Regular hearing screenings are important to detect NIHL early, even without apparent symptoms



PROGRESSIVE:

- Untreated hearing loss can worsen over time if preventive measures are not taken
- Proactive intervention is needed to halt the progression of NIHL and preserve hearing health

MEASURES EMPLOYERS CAN TAKE



ENGINEERING CONTROLS:

- Identify and implement engineering controls to reduce noise levels at the source
- Encourage the use of quieter machinery or equipment in the workplace



ADMINISTRATIVE CONTROLS:

- Develop and enforce policies and procedures for noise control and hearing protection
- Rotate workers through different job tasks to reduce prolonged exposure to high noise levels



PERSONAL PROTECTIVE EQUIPMENT (PPE):

- Provide workers with comfortable and effective hearing protection devices (HPDs)
- Train employees on the proper use, fitting, and maintenance of HPDs



REGULAR HEARING SCREENINGS:

Encourage workers to undergo regular hearing screenings to monitor their hearing health

THE ECONOMIC IMPACT OF **UNTREATED HEARING LOSS**

Hearing loss, when left untreated, not only affects individuals but also carries significant economic implications for society. The figures below are highlighted from Hear-it.⁹

- The annual cost of hearing loss in Australia is 33.3 billion AUD and exceeds \$981 billion globally¹⁰ •
 - By 2050, the number of people with hearing loss is anticipated to reach nearly 2.5 billion¹¹

ECONOMIC	WORKERS	LEGAL	SOCIAL
COSTS:	COMPENSATION:	PENALTIES:	IMPACT:
 Health system costs: 881.5 million AUD Productivity losses: 12.8 billion AUD (9.3 billion AUD due to reduced employment) Informal care costs: 141.6 million AUD 	 Occupational hearing loss claims are prevalent Financial implications impact both workers and employers 	 Non-compliance with safety standards may lead to penalties and fines Adhering to regulations is essential to avoid legal consequences 	 Untreated hearing loss has personal and social consequences Communication, relationships, and quality of life are affected

PROTECT YOUR HEARING FROM MINING

The table demonstrates the length of time a person without hearing protectors can be exposed before the standard is exceeded.13

EQUIPMENT NOISE



EQUIPMENT/ACTIVITY DECIBEL LEVELS¹²



Noise Level (dB(A))	Exposure Time	
80	16 hours	
82	12 hours	
85	8 hours	
88	4 hours	
91	2 hours	
94	1 hour	
97	30 minutes	
100	15 minutes	
103	7.5 minutes	
106	3.8 minutes	
109	1.9 minutes	
112	57 seconds	
115	28.8 seconds	
118	14.4 seconds	
121	7.2 seconds	
124	3.6 seconds	
127	1.8 seconds	
130	0.9 seconds	

HEARING PROTECTION SOLUTIONS

HONEYWELL UNDERSTANDS THAT THE NOISE LEVELS AND HAZARDS IN A MINING ENVIRONMENT VARY GREATLY AND THUS, OFFERS A WIDE RANGE OF HEARING PROTECTION SOLUTIONS TO MEET THE SPECIFIC NEEDS OF EACH MINING WORKSITE.

HONEYWELL **HEARING PROTECTION PRODUCTS**



Maximum Earplugs Disposable foam earplugs for comfort and greater protection



Antimicrobial-Protected HL400 Dispensers For Earplugs

Antimicrobial-protected dispenser for earplugs to reduce cross-contamination of microbes on shared surfaces of earplug dispensing



SmartFit® Earplugs Reusable earplugs for ease of insertion and use

Verishield[™] 100 Series **Passive Earmuffs**

Designed with ultimate comfort and optimized noise attenuation technology. Available in steel-wire and dielectric headbands, and a wide range of styles.







Over-the-Head

Behind-the-Neck

Helmet



PARTNERING FOR SAFE



Honeywell collaborates with mining companies and safety professionals to develop comprehensive hearing conservation programs. Honeywell provides training, support, and expertise to enhance workplace safety and promote a culture of hearing protection

CONCLUSION:

Honeywell offers a wide range of hearing protection solutions designed to meet the diverse needs of the mining industry. By leveraging our expertise and innovative products, you can effectively protect your workers from noise-induced hearing loss while maintaining their comfort and productivity.

¹Muggleton, N. (2022). Cutting Through the Noise. Safety Management Magazine. Retrieved from https://www.britsafe.org/publications/safety-management-magazine/safety-management-magazine/2022/cutting-through-the-noise/ ²Sun, K., & Azman, A. S. (2018). Evaluating hearing loss risks in the mining industry through MSHA citations. Journal of occupational and environmental hygiene, 15(3), 246–262. https://www.ncbi.nlm.nih.gov/pmc/arti-

¹²WorkSafe NZ. (2019). Noise Levels Created by Common Construction Tools. Retrieved from https://healthandsafetybydesign.co.nz/wp-content/uploads/2019/02/noise_levels_of_common_construction_tools.pdf 13 Safe Work Australia. (2015). Managing Noise and Preventing Hearing Loss at Work: Code of Practice. Retrieved from https://www.safeworkaustralia.gov.au/system/files/documents/1702/managing_noise_preventing_hearing_loss_work.pdf

For More Information

www.sps.honeywell.com

Honeywell Safety Products Australia Pty Ltd

45 Grosvenor Street. Abbotsford, Victoria 3067 Australia Tel: 1300 139 166 New Zealand Tel: 0800 322 200 Email: hspspacific@honeywell.com

THE IS ΉΔΤ **MAKE IT**

Making Protection Personal Infographic 1/23 © 2023 Honeywell Safety Products Australia Pty Ltd



cles/PMC5848488/ ³AMJS. (2017). Noise-induced hearing loss: Causes and Prevention. Retrieved from https://www.amsi.com.au/noise-induced-hearing-loss-causes-prevention/

^{4.5} National Institute for Occupational Safety and Health (NIOSH). (2010). Engineering Controls Research Shows Promise in Reducing Noise Exposure Among Mine Workers. Retrieved from https://www.cdc.gov/-

niosh/docs/2010-156/default.html ⁶National Institute on Deafness and Other Communication Disorders. Bethesda, MD: U.S. Department of Health and Human Services; August 2008. https://www.nih.gov/about-nih/what-we-do/nih-almanac/national-institute-deafness-other-communication-disorders-nidcd

⁷Hearnet. (n.d.). The Facts On Hearing Loss. Retrieved from https://hearnet.org.au/hearing-loss/facts-on-hearing-loss

⁸American Occupational College of Preventive Medicine. (2011). Basic Course in Occupational and Environmental Medicine, Part III. Retrieved from https://www.aocopm.org/assets/documents/10-31-11_Basic_Course_III_Orlando/i-noise-induced_hearing_loss_lance_correct%20background.pdf

⁹Hear-it.org. (2018). Annual cost of hearing loss in Australia: 33.3 billion Australian dollars. Retrieved from https://www.hear-it.org/annual-cost-hearing-loss-australia-333-billion-australian-dollars ¹⁰McDaid, D., Park, A-L., & Chadha, S. (2019). Estimating the global costs of hearing loss. PubMed. Retrieved from https://pubmed.ncbi.nlm.nih.gov/33590787/#:~:text=Re-

sults%3A%20Total%20global%20economic%20costs.for%20children%20aged%200%2D14.

¹¹ Tordrup, D., Smith, R., Kamenov, K., Bertram, M. Y., Green, N., & Chadha, S. (2022). Global return on investment and cost-effectiveness of WHO's HEAR interventions for hearing loss: a modelling study. The Lancet Global Health. Retrieved from https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(21)00447-2/fulltext